

Menu #**MOW MASTER MENUS (Revised 11/08)**

1. Beef Strog. & Noodles	Green Beans w/tomatoes	Waldorf Salad	Lemon Cake w/ Glaze
2. Chicken & Broccoli Casserole	Rice (instant)	Red Jello w/ Pears	Brownies
3. Hodgepodge Stew	Buttered French Bread	Cottage Cheese w/fruit	Peach Crisp
4. Macaroni & Cheese/Ham	Green Beans	Hot Apples	Cherry White Cake
5. Beef/Cabbage Casserole	Peas / Hot Rolls w/marg.	Spiced Peaches	Choc. Pudding & Cookie
6. Pork Chops w/ Rice	Mixed Vegetables	Red Jello/w fruit cocktail	Pumpkin Delight
7. Chicken Enchiladas	Mexican Beans	Tortilla Chips	Streusel Cake
8. Salisbury Steak	Mashed Potatoes	Super Carrots	Lime Jello /Pineapple/ Cott. Cheese
9. Oven Fried Chicken	Baked Beans / Hot Rolls Margarine packet	Broccoli	Tapioca Pudding w/ bananas
10. Fried Fish and Cornbread	Glazed Carrots	Cole Slaw	Fruit Cup & Cookie
11. Chicken and Dressing	Whole Cranberry sauce	Green Beans	Apple slices w/ biscuit topping
12. Frosted Meat Loaf	Develed Beats	Mixed Vegetables	Bread Pudding w/ Carmel sauce
13. Tuna Delight Casserole	Peas	Spiced Peaches	Choc. Pudding & Cookie
14. Spaghetti	Green Beans/Hot rolls w/margarine pkt.	Pineapple/Carrot Jello	Gingerbread w/ lemon sauce
15. Chicken Pot Pie	Baby Lima beans	Cranberry Sauce	Pineapple Upside-down Cake
16. Ham Casserole	Buttered Carrots	Bran Muffins	Vanilla Pudding w/ bananas
17. Italian Chicken	Scalloped Potatoes	Red Jello w/pears	Apple Crisp
18. Quick Lasagna	Butter Beets	Rolls w/ butter	Fruit Cocktail Cake
19. Baked Stew	Corn bread w/Butter		Cherry Dump Cake
20. Chicken Tetrzzini	Broccoli	Spiced Peaches	Chocolate Cake w/topping
21. Glazed Ham Loaf	Orange Sweet Potatoes	Cole Slaw	Butterscotch pudding
22. Sweet/Sour Meat Patties	Buttered Corn	Cooked Cabbage	Peach Dessert
23. Fried Fish fillets	Spinach Casserole	Blueberry or Corn Muffins	Fruit Cup
24. Crusty Chicken	Mixed Vegetables / Hot rolls w/margarine pkt.	Red Hot Applesauce	Pumpkin Bars